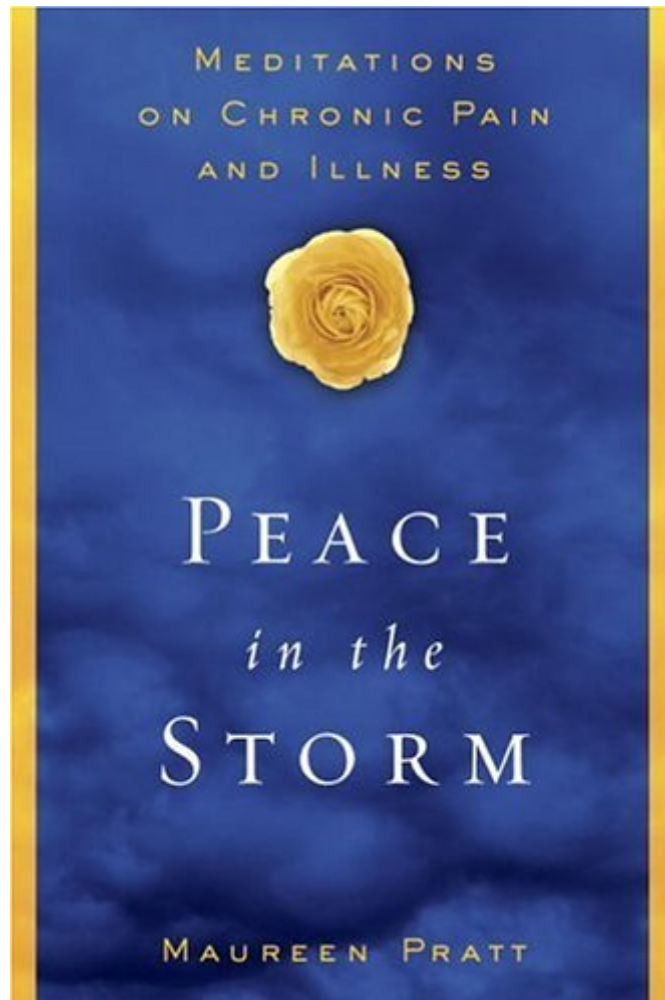




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# Peace In The Storm: Meditations On Chronic Pain And Illness



## Synopsis

In this practical and spiritual guide, she shares how she navigates through the frustrations, fears, and complexities of living with chronic pain and illness. Using a combination of Bible passages, her own observations and insights, and prayer, Pratt provides help on issues that include dealing with isolation, coping with medical expenses, and learning to say no. Written with unstinting honesty and humor, *Peace in the Storm* will help readers identify their own spiritual and physical needs.

## Book Information

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## Customer Reviews

Thank you Ms. Pratt for this awesome study book. Absolutely no one can understand the struggle of living with chronic pain unless they've experienced it. I've had friends come up to me and say, "Oh, I hurt my back a couple weeks ago and it was so painful. I totally get it now what you're going through!" What they don't realize is that their pain gets better but mine never does so even though they may have experienced it a little bit but they don't truly understand. This book helped me feel like I'm not alone in this fight to manage this chronic condition while keeping my eyes focused

heavenward and my feet planted at the foot of the cross. I've been using it with a group of people in my church once a month. It is so very helpful and I would recommend it 1,000%! I also think this would be a great read for anyone who is close to a chronic pain sufferer to try to better understand their loved one's day to day life. The chapters are pretty short and make for a quick read so it allows for a lot of discussion afterward. It's been a wonderful addition to my regular reading list. I will read it again and again.

I bought this for my mother who suffers from degenerative disc disease and has a lot of back and leg pain. She loved the simplicity of the book and it's easy format to read. For myself I was looking for something more in depth and found One Thousand Gifts by Ann Voskamp to be more helpful and uplifting. Everyone is different and I'm glad my mother found this helpful.

I've had this book for about 3 years and being a wife, mom, and professional who was diagnosed with a disease 23 1/2 years in which there is currently no cure, prognosis of quality of life and accomplishing day to day task with the disease isn't good, and most important a person who without a strong Faith and belief that God does hear my prayers, I truly believed God lead me to find this book as a way of speaking to me through the writings in the book. When I'm having a bad day, I find usually what I'm going through as far as an event or an emotion, there will be a chapter on it and as if the writer knew at that particular time what I needed to hear.

The shipper was really great. The book came very quickly. I was expecting something more in keeping with CPA. This book is bible based. If that's what you're looking for, then you will like it.

Very helpful for dealing with the chronic pain I live with daily. Helps for finding Biblical answers for the journey: Loneliness, Finding the Right Doctor, Where is God?, Learning to Say No, Medication, Keeping God Central, Moving Slowly in a Fast-Paced World, are just a few of the one-hundred-plus chapter headings providing spiritual help with the life's issues of pain and illness. Each chapter ends with a well thought-out prayer.

A great book on suffering from a Christian (and possibly even Catholic!) perspective. A great book that anyone with or even someone who knows someone who has chronic illness should have. I'm Catholic and have Crohn's disease and I related to much of what was said in the book. Thank you!

I was delighted just to know this book existed. As the founder of a Christian organization for those with chronic illness I often fall short of books to offer that I know will provide someone with hope; but also confront the challenges one faces each day when living with chronic pain. This book will be a true source of hope and comfort to anyone with a chronic illness. As author of a devotional book on chronic illness myself, I know just how hard it can be to press on when you are in so much pain. Way to go, Maureen! You've filled a much-needed gap in the publishing industry and have done it with both grace and joy! Lisa Copen

Enjoyed reading this and drawing closer to God even during difficult times of health. Thank you

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